

BANDIT NEWS



Hays School Newsletter

JUNE 2022

HAYS SCHOOL MESSAGE FROM PRINCIPAL

Hello Parents,

It is June already, hard to believe! My goodness the year is flying by. Just a few notes of things going on. Thursday June 9 we are having an Open House here at the school between 2pm - 3:30pm. Come in and visit each room and see all of the amazing things we have to offer to the students of Hays School.

Other activities going on are that we are planning is our year end field trip to the Calgary Zoo on June 16. This trip is for the whole school and we will be traveling by charter bus. Thank you to our Parent Council for funding the bus and admission fees.

We also a BBQ and our Awards Day on the last day of school June 21, 2022. We have a few staff members receiving Years of Service awards. Congratulations to all!

Our teaching staff for next year will be a little smaller. We say good-bye to Ms. Duckett as she has a job in Taber at Central School. We also say good bye to our classroom assistant, Miss Ashlyn Mack. She has taken a Nanny position out in beautiful Victoria, BC. Mr. Toth will also not be returning to Hays School as we no longer have that position available and Mrs. Rattai will be going on maternity leave as she is expecting her baby this summer. We wish you all the best, we will miss you all greatly.

Hays School 2022-2023

Pre-school: TBA

Grade 1/2/3: Mr. Doug Kenney

Grade 4/5/6: Mrs. Tracey Nadeau

Grade 7/8/9: Mr. Poettcker

Staff Support Staff:

Mrs. Sharla Lindsay: Secretary

Mrs. Tracy Sidam: Assistant

Mrs. Monique Huvenaars: Snack Program

Mrs. Tara Odland: Counsellor (once/week)

Custodian: Mr. Keith Tucker

There will be Preschool teacher to be hired to teach Monday and Wednesday afternoons. This person will be hired soon and we will let all the parents know who it is. Thank you for supporting our school. We love Hays School and our staff is so happy to be part of the Hays Community.

Hope our seeding and planting of crops will be successful-happy gardening everyone!

Tracey Nadeau

Principal Hays School

Just a note: Our last day of school AND the first day of summer both land on June 21st this year!



ELEMENTARY
TRACK MEET
In VXH
JUNE 8

OPEN HOUSE
BAKE SALE
JUNE 9

TIPI RAISING
FOOD TRUCK
TASTING
JUNE 14

CALGARY ZOO
JUNE 16

LAST DAY OF
SCHOOL
AWARDS/BBQ
JUNE 21

Hays School

205 2nd avenue
Hays, Alberta
T0K 1B0

HOT LUNCH

JUNE 2nd

**THANK YOU
ASHLYN MACK & THE
GRADE 7-9**

BBQ

JUNE 21ST

**THANK YOU
TRACEY NADEAU**

**THANK YOU
MARGAREHTA GIESBRECH
FOR MAY'S ENCHILADA'S
AND TRACY SIDAM AND THE
GRADE 4-6 FOR HOTDOGS**

Why do fathers who golf take an extra pair
of socks?

In case they get a hole in one!



LAST DAY OF SCHOOL JUNE 21ST

**JOIN US FOR OUR ANNUAL BBQ AND
SCHOOL AWARDS**

1:00PM - BBQ

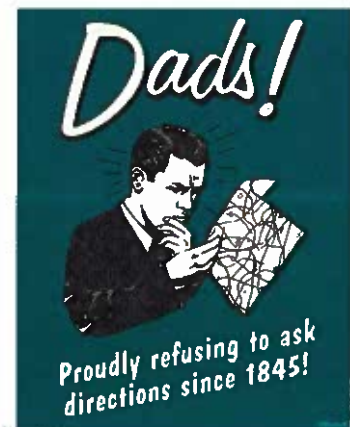
2:00PM - AWARDS

**3:00PM - STUDENTS GATHER
BELONGINGS AND
REPORT CARDS**

3:30PM - DISMISSAL

***SCHOOL SPIRIT FOR JUNE 7TH
WEAR TIE DYE - JUNE***

***Report Cards will be given
out on the last day of
school - Tuesday June 21st***



On May 25th all of our Junior High students traveled by bus to Taber for the Horizon Track & Field Divisionals. 10 of our students placed either first or second in their events to move on to Zones in Lethbridge on May 31st

WAY TO GO BANDITS!!



**FIRST DAY BACK TO
SCHOOL IS TUESDAY
AUGUST 30, 2022
SUPPLY LISTS IN WITH
REPORT CARDS**





Congratulations to the following Hays students for having their artwork chosen and displayed at the Horizon School Division Office.
Corny Wall - \$5
Anny Giesbrecht - \$5
Susy Bueckert - \$50 winner



BAKE SALE

On June 9th we are having a bake sale. All of the proceeds will go to Ukraine to help with the crisis they are dealing with there.

Send some money with your child so they can buy a bake sale item.

Congratulations to our Grade Nine students who will be graduating from Hays School and starting High School in the fall.
Susy Bueckert will be attending Vauxhall High School and Isaak Wiebe will be attending MAP.



YEARS OF SERVICE AWARDS
Congratulations to the following staff who will be recognized for their years of service in the Horizon School Division.
5 years - DOUGLAS KENNEY - pin
5 years - TRACY SIDAM - pin
5 years - ADAM TOTH - pin
25 years - SHARLA LINDSAY - glass apple



We are going to miss you Ms. Duckett! Thank you for all that you have done with your students and for the school while being here at Hays. We wish you all the best at Central School in Taber. They are VERY lucky to have you.



We were fortunate to have Mr. Toth at our school on Thursdays. We will miss your enthusiasm and positive composure. We wish you could stay! We loved having you here. All the best and enjoy your summer.



We wish you all the best Miss Mack! We are all going to miss your bubbly personality around the school. Best of luck with your new endeavors. The kids you will be looking after are very lucky to have you!

Mrs. Rattai is expecting her baby in July. We wish you all the best on your maternity leave and can not wait to meet you new bundle of joy! We will miss you greatly.



JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 ASSEMBLY	2 HOT LUNCH HOT DOGS	3 NO SCHOOL Happy Birthday Logan Szigli	4
5 Pentecost	6	7 SCHOOL SPIRIT WEAR TIE DYE	8 ELEMENTARY TRACK MEET VAUXHALL	9 OPEN HOUSE 2PM-3:30PM Staff Meeting	10 NO SCHOOL	11
12	13	14 TIPI RAISING FOOD TRUCK SHOW 2PM	15	16 FIELD TRIP TO CALGARY ZOO	17 NO SCHOOL	18 Happy Birthday Mrs. Lindsay
19 Father's Day	20	21 First day of Summer LAST DAY BBQ 1PM AWARDS 2PM	22	23	24 Happy Birthday Ms. Duckett	25
26	27	28	29	30		

Mommy & Me Group



1st and 3rd Friday of each month

Starting June 3rd

Time: 10:00am-12:00pm

Location: Hays Civic Center Meeting Room

\$1.00/Family

Come meet with other local moms and children!

Bring some toys and a snack!

For More Information:

Lynn Rattai 403-654-7535

Sarah Fehr 403-654-6693





10 ways to build your child's social emotional skills

If you have a school-age child at home, you've likely heard the buzz around social emotional learning (SEL). It's a concept that has caught the attention of teachers and parents alike—in part because it makes good sense. SEL is about helping kids learn the types of skills they use in everyday life, like how to handle emotions, cope with stress, get along with others, make decisions, and solve problems. Social emotional skills are essential. They help kids thrive at school, work, and in life.

Kids develop social emotional skills from a very young age. They learn through formal instruction (like lessons at school or in childcare) and through informal, day-to-day life experiences at home and in the community.

Here are 10 practical ways to boost your child's social emotional skills.

1. Build their emotional vocabulary

Teach your kids to name their emotions. Use [The Feelings Wheel](#) to help them build an emotion vocabulary—beyond basic terms like happy, sad, or mad—so they can find the words to express how they feel. Naming emotions and moods is the first step to managing them in healthy ways.

2. Focus on their strengths

Talk to your child about their strengths—what they can do, what they're good at, and what they enjoy. Notice the positive things about your child. Try not to compare them to their siblings or friends.

3. Give them responsibilities

Talk to your child about ways they can contribute at home. Together, figure out tasks that suit their age, interests and talents—they could help with pet care, chop vegetables for dinner, or weed the garden. Having responsibilities helps them feel valued, confident, and secure.

4. Play!

Create time, space, and opportunity for your child to play in ways that make sense to them. Whether they play alone or with others, freely or in structured ways, they'll be learning and trying out social emotional skills. Join your child in pretending, building, cooperative games, and the like—just be sure to let them guide the activity.

5. Help them work toward goals

Help your child set ambitious goals and work toward them with small, realistic steps. Whether they want to improve their reading, try a new sport, or cook dinner on their own, they'll likely need your support to get there. Show them how to break big goals into smaller, doable parts. Celebrate small wins along the way—it helps them stay positive and motivated.

6. Put them in the driver's seat

Give your child a chance to weigh in on decisions. Get them to plan what they'll have for school lunch, choose their own after-school activities, or decide how to style their hair. Involve them in family choices, like where to go camping or how to celebrate a special occasion. When kids have an active voice in decision-making, they learn to think through choices and consequences.

7. Teach them how to cope with stress

Help your child explore different ways to cope with stress. Try physical activities (like running or dancing), calming activities (like art or yoga), or spending time outside. Some kids also benefit from techniques like starfish breathing or box breathing. Learn these strategies in just 5 minutes with this handy video: [Stress explained \(Elementary edition\)](#).

8. Guide problem solving

Listen to your child when they share problems with you, when they talk about challenges with friends or siblings. Try not to jump in with opinions or ideas to improve a situation. Instead, help them brainstorm solutions and weigh pros and cons.

9. Reframe mistakes

Teach your child that it's normal to make mistakes or have set-backs with goals. Talk about mistakes or set-backs you've had and how you've handled them. Keep the focus on what you learned or what you could do differently next time. This approach will help your child feel capable, optimistic, and in control.

10. Ask about SEL at school

Talk to your child's teacher or principal about what's going on at school when it comes to SEL. The Government of Alberta supports this approach in schools and many schools have SEL goals or plans in place. Teachers have unique insights on SEL, and often have great advice about how to reinforce your child's skill development at home.



The SEL advantage: 10 tips to support teens

Here's a new acronym for your teen parenting playbook: **SEL**. It stands for *social emotional learning*— the process of learning everyday skills like how to handle emotions, cope with stress, interact with others, and solve problems. SEL has traction in elementary schools, but it's not just for young kids. Studies show that SEL helps teens thrive at school, work, and in life.

Social emotional skills can be taught with formal instruction (like lessons at school) or through informal learning with day-to-day experiences (like communicating with others, building relationships, or dealing with challenges).

Here are 10 great ways you can support your teen's SEL journey.

1. Expand their emotion vocabulary

Teach teens to name and describe their emotions and moods – it's the first step in handling them. Take it beyond basic terms (like *happy*, *sad*, or *mad*) with tools like the [Atlas of Emotions](#) or [The Feelings Wheel](#).

2. Guide problem-solving

Make an effort to really listen when your teen shares their problems with you, like when they talk about challenges in friendships or dating relationships. Try not to jump in with opinions or ideas to improve a situation. Instead, help them brainstorm solutions and think through possibilities.

3. Give them responsibilities

Talk with your teen about ways they can contribute at home and in the community. Together, figure out tasks that suit their age, interests and talents – they could walk the dog, weed the community garden, or join a youth advisory council. Offering your teen choices in what they do builds their confidence and helps them feel valued and respected.

4. Help them plan

Don't assume that your teen knows how to juggle daily activities like school, sport, homework, and volunteering. Help them figure out routines that work for them, and try different ways of staying organized. For example, use print or digital calendars, planners, or scheduling apps. Check in often. Talk through key tasks and help your teen decide how they'll focus their time.

5. Focus on their strengths

Talk with your teen about their strengths – qualities like honesty, kindness, and persistence. Notice and acknowledge when they show their strengths, and try not to compare them to their siblings or peers.

6. Put them in the driver's seat

Think of your teen as your co-pilot in decisions that affect them. Give them an equal role in deciding things like what to do after school, how to style their hair, or where to go on your next family vacation. Listen and respect their ideas, even if they're different than your own. With this flexible approach, you'll get your teen reflecting on options, weighing pros and cons, and thinking through consequences.

7. Teach them how to cope with stress

Encourage your teen to try different ways of coping with stress. Help them explore physical activities (like soccer or cycling), calming activities (like art or yoga), cultural activities (like traditional dance or music) or spending time outside. Show them calming tips and how-to videos from Kids Help Phone, such as [breathing balloon](#) or [tension release exercise](#).

8. Help them work toward goals

Help your teen set ambitious goals and work toward them with small, realistic steps. Whether they're learning to drive, training for their first job, or trying a new sport, they'll likely need your support along the way. Show them how to break big goals into smaller, doable parts. Celebrate small wins along the way – it helps them stay motivated.

9. Reframe mistakes

Remind your teen that it's normal to make mistakes or have set-backs with goals. When you make a mistake, acknowledge it and apologize. Talk about how you'll make things right and what you'll do differently next time. This approach frames mistakes as opportunities for learning. It helps teens feel capable, optimistic, and in control.

10. Be there

Show your teen that you're there for them, always. Treat them with respect and kindness, and try not to criticize or judge. By interacting with your teen in positive ways, you signal to them how much you care. You also model skills for healthy relationships.

Sand castle maze!

